

| Cl | Nom - Prénom | Nat | Licence | Doss. | Né | Cl | Cat | Sx | Temps | Moy. | Club |
|----|------------------------|-----|---------|-------|----|----|-----|------|----------|-------|-------------------------------------|
| 1 | COUTAND Benjamin | FRA | | n°277 | 86 | 1 | SEM | 1 M | 00:37:06 | 14.56 | Tri Alp |
| 2 | MIGUEL Vincent | FRA | | n°278 | 86 | 2 | SEM | 2 M | 00:38:25 | 14.06 | Tri du A |
| 3 | RUF Fabien | FRA | NA | n°273 | 84 | 3 | SEM | 3 M | 00:42:39 | 12.66 | Non Licencié |
| 4 | RAJAT Christophe | FRA | | n°224 | 74 | 1 | V1M | 4 M | 00:42:46 | 12.63 | Non Licencié |
| 5 | GHEQUIERE Nicolas | FRA | | n°200 | 91 | 4 | SEM | 5 M | 00:42:49 | 12.61 | Non Licencié |
| 6 | HUCTEAU Gael | FRA | 1425438 | n°248 | 76 | 2 | V1M | 6 M | 00:43:14 | 12.49 | GRESICOURANT LE VERSOUD |
| 7 | SCISCIOLI Roger | FRA | | n°217 | 80 | 5 | SEM | 7 M | 00:43:24 | 12.45 | US VIZILLE |
| 8 | DERRIEN Franck | FRA | | n°269 | 85 | 6 | SEM | 8 M | 00:44:15 | 12.21 | ESAGAMI |
| 9 | CICUT Martin | FRA | | n°298 | 02 | 1 | CAM | 9 M | 00:44:23 | 12.17 | Non Licencié |
| 10 | CHENAVER Jerome | FRA | | n°250 | 77 | 3 | V1M | 10 M | 00:45:33 | 11.86 | RAIDLIGHT/MIELTONIA |
| 11 | BOURGUIGNON Clement | FRA | | n°242 | 90 | 7 | SEM | 11 M | 00:45:52 | 11.77 | Non Licencié |
| 12 | MASCIAVE Christophe | FRA | | n°290 | 74 | 4 | V1M | 12 M | 00:46:03 | 11.73 | RIA CHAMPAGNIER |
| 13 | GARCIA-BERTHOD Alain | FRA | 188190 | n°238 | 67 | 1 | V2M | 13 M | 00:46:26 | 11.63 | URIAGE CAP |
| 14 | LANGLOIS Eric | FRA | | n°289 | 80 | 8 | SEM | 14 M | 00:46:38 | 11.58 | Non Licencié |
| 15 | PAYET J-Roland | FRA | | n°279 | 71 | 5 | V1M | 15 M | 00:46:46 | 11.55 | Non Licencié |
| 16 | TOSTAIN Philippe | FRA | | n°222 | 02 | 2 | CAM | 16 M | 00:47:46 | 11.31 | Non Licencié |
| 17 | COTTAZ Patrick | FRA | | n°213 | 97 | 1 | ESM | 17 M | 00:47:51 | 11.29 | Non Licencié |
| 18 | LAPOUGE Vincent | FRA | | n°228 | 74 | 6 | V1M | 18 M | 00:48:11 | 11.21 | ASPARUN MEYLAN |
| 19 | FONT Nicolas | FRA | | n°283 | 78 | 7 | V1M | 19 M | 00:48:18 | 11.18 | Non Licencié |
| 20 | PETITEAU Clement | FRA | | n°287 | 02 | 3 | CAM | 20 M | 00:48:33 | 11.12 | Uriage Running |
| 21 | VAN MELLE Jeremie | FRA | | n°253 | 81 | 9 | SEM | 21 M | 00:48:40 | 11.10 | Non Licencié |
| 22 | SCARFO Jean | FRA | | n°231 | 66 | 2 | V2M | 22 M | 00:48:43 | 11.09 | Non Licencié |
| 23 | TARAVEL Pierre Adrien | FRA | | n°274 | 83 | 10 | SEM | 23 M | 00:49:08 | 10.99 | Team AVICAR |
| 24 | CARRE Laurent | FRA | | n°280 | 77 | 8 | V1M | 24 M | 00:51:29 | 10.49 | Non Licencié |
| 25 | LEFEVRE Charles | FRA | | n°259 | 01 | 4 | CAM | 25 M | 00:51:37 | 10.46 | Non Licencié |
| 26 | CARTIER-MILLON Vanessa | FRA | | n°201 | 84 | 1 | SEF | 1 F | 00:51:48 | 10.43 | Non Licencié |
| 27 | KLEIN Nathalie | FRA | | n°226 | 78 | 1 | V1F | 2 F | 00:52:02 | 10.38 | ASPARUN MEYLAN |
| 28 | CROSWAITHE Jolyon | FRA | | n°247 | 52 | 1 | V3M | 26 M | 00:52:57 | 10.20 | ESAGAMI |
| 29 | KAFI Gery | FRA | | n°244 | 98 | 2 | ESM | 27 M | 00:52:58 | 10.20 | ESAGAMI |
| 30 | FOVEAU Nicolas | FRA | | n°207 | 82 | 11 | SEM | 28 M | 00:53:27 | 10.10 | Non Licencié |
| 31 | GUERIAUD Florian | FRA | | n°260 | 89 | 12 | SEM | 29 M | 00:53:39 | 10.07 | Non Licencié |
| 32 | MARTIN Remy | FRA | | n°281 | 83 | 13 | SEM | 30 M | 00:53:58 | 10.01 | Non Licencié |
| 33 | BALDET Maurice | FRA | | n°218 | 63 | 3 | V2M | 31 M | 00:54:01 | 10.00 | Non Licencié |
| 34 | DANIEL Aldebert | FRA | | n°232 | 63 | 4 | V2M | 32 M | 00:54:25 | 9.93 | Non Licencié |
| 35 | BROCARD Emilie | FRA | | n°299 | 88 | 2 | SEF | 3 F | 00:54:41 | 9.88 | Non Licencié |
| 36 | DUBOUCHET Patrick | FRA | | n°251 | 54 | 2 | V3M | 33 M | 00:54:48 | 9.86 | ASAIX |
| 37 | GIMER Olivier | FRA | | n°212 | 64 | 5 | V2M | 34 M | 00:55:24 | 9.75 | Non Licencié |
| 38 | GONTIER Cyril | FRA | | n°254 | 84 | 14 | SEM | 35 M | 00:55:27 | 9.74 | Non Licencié |
| 39 | COEUR Stephane | FRA | | n°255 | 83 | 15 | SEM | 36 M | 00:55:35 | 9.72 | Non Licencié |
| 40 | GRAFTIAUX Alix | FRA | | n°243 | 86 | 3 | SEF | 4 F | 00:55:39 | 9.70 | ESAGAMI |
| 41 | EVARD Karine | FRA | NA | n°272 | 69 | 2 | V1F | 5 F | 00:55:45 | 9.69 | Non Licencié |
| 42 | SEILER Hugo | FRA | | n°236 | 89 | 16 | SEM | 37 M | 00:56:13 | 9.61 | Non Licencié |
| 43 | ABADO Gilles | FRA | | n°219 | 44 | 1 | V4M | 38 M | 00:56:25 | 9.57 | ABADO |
| 44 | MATHAIS Alain | FRA | | n°234 | 61 | 6 | V2M | 39 M | 00:56:28 | 9.57 | Non Licencié |
| 45 | BERNARD BRUNEL Lola | FRA | | n°225 | 93 | 4 | SEF | 6 F | 00:56:28 | 9.56 | ASPARUN MEYLAN |
| 46 | DEMARTINO Irvann | FRA | | n°235 | 95 | 17 | SEM | 40 M | 00:56:34 | 9.55 | Non Licencié |
| 47 | LEPAULLE Bruno | FRA | | n°245 | 56 | 3 | V3M | 41 M | 00:57:29 | 9.39 | ESAGAMI |
| 48 | LEPAULLE Nicolas | FRA | | n°246 | 97 | 3 | ESM | 42 M | 00:57:30 | 9.39 | ESAGAMI |
| 49 | ROUGIER Pascal | FRA | NA | n°276 | 65 | 7 | V2M | 43 M | 00:57:34 | 9.38 | Non Licencié |
| 50 | MARTEL Vanessa | FRA | | n°249 | 94 | 5 | SEF | 7 F | 00:58:09 | 9.29 | COURIR a SEYSSINS-SEYSSINET |
| 51 | SANSON Pascal | FRA | | n°223 | 65 | 8 | V2M | 44 M | 00:58:13 | 9.28 | Non Licencié |
| 52 | PARENT Cedric | FRA | | n°205 | 75 | 9 | V1M | 45 M | 00:59:17 | 9.11 | Non Licencié |
| 53 | NICOLAIDIS Laurent | FRA | | n°204 | 69 | 10 | V1M | 46 M | 00:59:53 | 9.02 | NICOLAIDIS |
| 54 | MARTIN Patrick | FRA | | n°282 | 59 | 9 | V2M | 47 M | 01:00:02 | 9.00 | Non Licencié |
| 55 | LAMARQUE Stephanie | FRA | | n°227 | 80 | 6 | SEF | 8 F | 01:00:04 | 8.99 | ASPARUN MEYLAN |
| 56 | DELANGE Florence | FRA | | n°284 | 68 | 1 | V2F | 9 F | 01:00:45 | 8.89 | Non Licencié |
| 57 | CAQUAS Julie | FRA | | n°271 | 84 | 7 | SEF | 10 F | 01:00:49 | 8.88 | ASPTT Grenoble / Belledonne Running |
| 58 | QUEMA Emilie | FRA | | n°230 | 79 | 8 | SEF | 11 F | 01:00:53 | 8.87 | ASPARUN MEYLAN |
| 59 | BAPTISTE Amandine | FRA | | n°265 | 85 | 9 | SEF | 12 F | 01:00:53 | 8.87 | COURIR a SEYSSINS-SEYSSINET |
| 60 | MERRIEUX Xavier | FRA | | n°209 | 69 | 11 | V1M | 48 M | 01:01:23 | 8.80 | ASPARUN MEYLAN |
| 61 | CHARPIN Alexandra | FRA | | n°215 | 72 | 3 | V1F | 13 F | 01:02:22 | 8.66 | Non Licencié |
| 62 | DAVRIL Jim | FRA | | n°239 | 76 | 12 | V1M | 49 M | 01:02:26 | 8.65 | ACP CROLLES |
| 63 | ALDEBERT Frederique | FRA | | n°233 | 68 | 2 | V2F | 14 F | 01:02:30 | 8.64 | ALDEBERT DANIEL |
| 64 | NISSEN Elke | FRA | | n°214 | 70 | 4 | V1F | 15 F | 01:02:44 | 8.61 | Non Licencié |
| 65 | DEROUX Alain | FRA | | n°266 | 46 | 2 | V4M | 50 M | 01:02:51 | 8.59 | Non Licencié |
| 66 | TROUSSIER Vanessa | FRA | | n°221 | 73 | 5 | V1F | 16 F | 01:03:32 | 8.50 | Non Licencié |
| 67 | ROUVE Helene | FRA | | n°294 | 74 | 6 | V1F | 17 F | 01:03:54 | 8.45 | ACP CROLLES |
| 68 | MARTINOT Segolene | FRA | NA | n°296 | 80 | 18 | SEM | 51 M | 01:04:37 | 8.36 | ACP CROLLES |
| 69 | DEROUX Marie-France | FRA | | n°267 | 50 | 1 | V3F | 18 F | 01:05:11 | 8.29 | Non Licencié |
| 70 | ABADO Celine | FRA | | n°220 | 73 | 7 | V1F | 19 F | 01:05:15 | 8.28 | ABADO |
| 71 | DANG Sabine | FRA | 1965342 | n°268 | 76 | 8 | V1F | 20 F | 01:05:30 | 8.24 | Grasi Athla |
| 72 | MARTIN Romuald | FRA | | n°208 | 86 | 19 | SEM | 52 M | 01:05:39 | 8.23 | Non Licencié |
| 73 | BOUR Frederic | FRA | | n°293 | 71 | 13 | V1M | 53 M | 01:05:48 | 8.21 | Non Licencié |
| 74 | JUDARD Vincent | FRA | NA | n°270 | 70 | 14 | V1M | 54 M | 01:05:57 | 8.19 | Non Licencié |
| 75 | MORAUX Pascal | FRA | | n°257 | 75 | 15 | V1M | 55 M | 01:06:01 | 8.18 | Non Licencié |
| 76 | CALMIN Lucie | FRA | | n°263 | 95 | 10 | SEF | 21 F | 01:06:41 | 8.10 | Non Licencié |
| 77 | LALLEMAND Marie | FRA | | n°292 | 89 | 11 | SEF | 22 F | 01:06:43 | 8.10 | Non Licencié |
| 78 | GIBRAT Sarah | FRA | | n°291 | 90 | 12 | SEF | 23 F | 01:06:43 | 8.09 | Non Licencié |
| 79 | DE VULPIAN Melanie | FRA | | n°275 | 75 | 9 | V1F | 24 F | 01:06:53 | 8.08 | Non Licencié |
| 80 | JOURNET Yvan | FRA | | n°285 | 65 | 10 | V2M | 56 M | 01:07:14 | 8.03 | Brie sport |

| Cl | Nom - Prénom | Nat | Licence | Doss. | Né | Cl | Cat | Sx | Temps | Moy. | Club |
|----|-------------------------|-----|---------|-------|----|----|-----|------|----------|------|-------------------------|
| 81 | CICUT Geraldine | FRA | NA | n°297 | 67 | 3 | V2F | 25 F | 01:07:45 | 7.97 | Non Licencié |
| 82 | GIRAUD Aurore | FRA | | n°261 | 88 | 13 | SEF | 26 F | 01:07:47 | 7.97 | COURIR a GRENOBLE |
| 83 | MOREL Alexandra | FRA | | n°211 | 76 | 10 | V1F | 27 F | 01:08:21 | 7.90 | FLASHDOG |
| 84 | PIU Claude | FRA | 1595070 | n°241 | 62 | 4 | V2F | 28 F | 01:08:45 | 7.85 | LESPIU |
| 85 | PIU Isaline | FRA | | n°237 | 92 | 14 | SEF | 29 F | 01:09:17 | 7.79 | Non Licencié |
| 86 | HERNANDEZ Karine | FRA | NA | n°295 | 72 | 11 | V1F | 30 F | 01:09:27 | 7.78 | ACP CROLLES |
| 87 | TAS Noureddine | FRA | | n°240 | 79 | 20 | SEM | 57 M | 01:09:28 | 7.77 | Non Licencié |
| 88 | GAUTHIER MANUEL Patrick | FRA | | n°288 | 68 | 11 | V2M | 58 M | 01:11:13 | 7.58 | Non Licencié |
| 89 | MORSE John | FRA | | n°262 | 52 | 4 | V3M | 59 M | 01:12:10 | 7.48 | Non Licencié |
| 90 | SCHIAVON Claire | FRA | | n°258 | 88 | 15 | SEF | 31 F | 01:12:34 | 7.44 | Non Licencié |
| 91 | FAURE Valerie | FRA | | n°264 | 80 | 16 | SEF | 32 F | 01:13:42 | 7.33 | GReSIATHLe |
| 92 | GAMELIN Elise | FRA | | n°252 | 01 | 1 | CAF | 33 F | 01:15:45 | 7.13 | Non Licencié |
| 93 | NICOLAIDIS Sarah | FRA | | n°203 | 72 | 12 | V1F | 34 F | 01:16:18 | 7.08 | NICOLAIDIS |
| 94 | BAUDEQUIN Beatrice | FRA | | n°286 | 68 | 5 | V2F | 35 F | 01:16:58 | 7.02 | Non Licencié |
| 95 | RAFFIN Caroline | FRA | 2039734 | n°206 | 82 | 17 | SEF | 36 F | 01:21:10 | 6.65 | GRESICOURANT LE VERSOUD |
| 96 | RENAULT Emmanuelle | FRA | | n°300 | 77 | 13 | V1F | 37 F | 01:23:19 | 6.48 | Non Licencié |
| 97 | DI-PIETRANGELO Celine | FRA | | n°256 | 76 | 14 | V1F | 38 F | 01:26:35 | 6.24 | BELDONNE RUNNING |
| 98 | GIORLANDO Roxanne | FRA | | n°202 | 95 | 18 | SEF | 39 F | 01:30:43 | 5.95 | Non Licencié |